

## SCHUYLKILL HAVEN AREA SCHOOL DISTRICT BREAKFAST & LUNCH MENU January 2018



		Junuar y 2010		ZingerBug.com
Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST	2 BREAKFAST	BREAKFAST	<b>4</b> BREAKFAST	5 BREAKFAST
		Bagel	Mini-Waffles	Breakfast Grabbers
		Yogurt Fresh Fruit or Juice	Fresh Fruit or Juice Milk	Fresh Fruit Milk
		Milk	IVIIIK	IVIIIK
		LUNCH	LUNCH	LUNCH
Winter Break	Winter Break	A. Cheese Steak	A. Chicken Fajita	A. Pizza Wedge
Willest Break	Willes Break	B. Chicken Patties	B. Chicken Patties	B. Chicken Patties
		C. P.B. & Jelly	C. P.B. & Jelly	C. P.B. & Jelly
		Corn	Lettuce-Tomatoes-Salsa	Baby Carrots
		French Fries	Cheese-Soft Pretzel	Summer Blend Vegetables
		Peaches	Fruit Sherbet	Pineapples
		Banana	Pears	Grapes
9 BREAKFAST	10 BREAKFAST	BREAKFAST BREAKFAST	12 BREAKFAST	13 BREAKFAST
Cinni Mini Bun	Pancakes	Pop Tart	Nutri-Grain Bar	Breakfast Grabbers
Fresh Fruit & Juice	Fresh Fruit & Juice	Whole Grain Cereal	Fresh Fruit & Juice	Fresh Fruit
Milk	Milk	Fresh Fruit & Juice	Milk	Milk
LUNCU	LUNGU	Milk	LUNGU	LUNCU
LUNCH A. Meatball Hoagie	LUNCH A. Pasta w/Meat Sauce	LUNCH A. Pop-Corn Chicken	LUNCH A. Ham Sub	LUNCH A. Fish Sticks
B. Pizza	B. Pizza	A. Pop-Corn Chicken B. Pizza	B. Pizza	B. Pizza
C. P.B. & Jelly		C. P.B. & Jelly	C. P.B. & Jelly	C. P.B. & Jelly
Green Beans	C. P.B. & Jelly Garbanzo Beans			, ·
Mashed Potatoes	Romaine Salad - Tomatoes	Peas Rice	Baby Carrots - Sun Chips Lettuce & Tomatoes	Celery w/Dip Potato Rounds
Mixed Fruit	Dinner Roll (HS)	Cucumber Slices	Apple Crumb	Banana
Yogurt	Pears	Pineapples	Apple Clumb	Applesauce
roguit	Clementine	Grapes		Applesauce
15 BREAKFAST	16 BREAKFAST	17 BREAKFAST	18	19 BREAKFAST
DREAKI AST	Fruit-Filled Pancakes	French Toast Sticks	Graham Crackers	Breakfast Grabbers
	Fresh Fruit & Juice	Fresh Fruit & Juice	Yogurt	Fresh Fruit
	Milk	Milk	Fresh Fruit & Juice	Milk
IN SERVICE	I I I I I I I I I I I I I I I I I I I	TVIIIIX	Milk	TVIIIK
	LUNCH	LUNCH	LUNCH	LUNCH
	A. Beef Chili	A. Cheese Burger	A. Taco in a bag	A. Mac & Cheese
	B. Hot Dog	B. Hot Dog	B. Hot Dog	B. Hot Dog
I	C. P.B. & Jelly	C. P.B. & Jelly	C. P.B.& Jelly	C. P.B. & Jelly
	Bread Stick	Lettuce & Tomatoes	Salsa - Cheese	Summer Blend Vegetables
	Salad-Cucumber Slices	Hash Brown	Soft Pretzel	Stewed Tomatoes
	Pineapples	Pears	Lettuce Tomato Cup	Apple
	Oranges	Peaches	Refried Beans-Grapes	Pineapples
			Fruit Sherbert	
BREAKFAST BREAKFAST	23 BREAKFAST	24 BREAKFAST	25 BREAKFAST	26 BREAKFAST
Pop - Tarts	Chocolate Chip Waffle	Whole Grain Cereal	Breakfast Pizza	Breakfast Grabbers
Fresh Fruit & Juice	Fresh Fruit & Juice	Mini Muffin	Fresh Fruit & Juice	Fresh Fruit
Milk	Milk	Fresh Fruit & Juice Milk	Milk	Milk
<u>LUNCH</u>	<u>LUNCH</u>	LUNCH	<u>LUNCH</u>	<u>LUNCH</u>
A. Chicken Strips	A. Hot Ham & Cheese	A. Beef A Roni	A. Turkey Sub	A. Pierogies
B. Pork BBQ	B. Pork BBQ	B. Pork BBQ	B. Pork BBQ	B. Pork BBQ
C. P.B.& Jelly	C. P.B.& Jelly	C. P.B. & Jelly	C. P.B. & Jelly	C. P.B. & Jelly
Mashed Potatoes	Potato Tots	Cucumbers	Lettuce-Tomato	Corn
Winter Blend Vegetables	Baked Beans	String Cheese	Sun Chips-Baby Carrots	Salad
Blueberry Crisp	Banana	Romaine Salad	Pears	Grapes
Mixed Fruit	Juice Cup	Mandarin Oranges	Apple Slices	Tropical Fruit
		Pears		

Breakfast.....\$1.10 LUNCH Breakfast (Reduced)... \$0.30

 Breakfast (Reduced)... \$0.30
 Elementary........ \$2.35

 Lunch (Reduced)...... \$0.40
 Middle School..... \$2.45

 High School....... \$2.65

\*MENUS SUBJECT TO CHANGE AS REQUIRED. Choice of fresh fruits, salads and vegetables daily Choice of 1%, chocolate and skim milk available daily