



**SCHUYLKILL HAVEN AREA SCHOOL DISTRICT
BREAKFAST & LUNCH MENU
Nov-17**



Monday	Tuesday	Wednesday	Thursday	Friday
30 <u>BREAKFAST</u> Fruit Mini-Muffin Whole Grain Cereal Fresh Fruit or Juice Milk <u>LUNCH</u> A. Hot Dog B. Chicken Patties C. P.B. & Jelly Baked Beans Sauerkraut Mashed Potatoes Applesauce Orange	31 <u>BREAKFAST</u> Egg & Cheese Omelet Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Nuggets B. Chicken Patties C. P.B. & Jelly Peas Buttered Pasta Strawberry Cup Apple	1 <u>BREAKFAST</u> Bagel Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Steak B. Chicken Patties C. P.B. & Jelly Corn French Fries Peaches Banana	2 <u>BREAKFAST</u> Mini-Waffles Fresh Fruit or Juice Milk <u>LUNCH</u> A. Lasagna B. Chicken Patties C. P.B. & Jelly Tossed Salad Grape Tomatoes Fruit Sherbet Pears	3 <u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pizza Wedge B. Chicken Patties C. P.B. & Jelly Baby Carrots Summer Blend Vegetables Pineapples Grapes
6 <u>BREAKFAST</u> Cinni Mini Bun Fresh Fruit or Juice Milk <u>LUNCH</u> A. Corn Dog B. Pizza C. P.B. & Jelly Green Beans Mashed Potatoes Mixed Fruit Yogurt	7 <u>BREAKFAST</u> Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pasta w/Meat Sauce B. Pizza C. P.B. & Jelly Garbanzo Beans Romaine Salad - Tomatoes Dinner Roll (HS) Pears Clementine	8 <u>BREAKFAST</u> Pop Tart Whole Grain Cereal Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Peas Rice Cucumber Slices Pineapples Grapes	9 <u>BREAKFAST</u> Nutri-Grain Bar Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pork BBQ B. Pizza C. P.B. & Jelly BBQ Sauce Sun Chips Baby Carrots Mandarin Oranges Peaches	10 <u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Toasted Cheese B. Pizza C. P.B. & Jelly Celery w/Dip Tomato Soup Banana Applesauce
13 <u>BREAKFAST</u> Oatmeal Bar Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Burger B. Hot Dog C. P.B. & Jelly Lettuce Tomato Cup Potato Fries Apple Slices Mixed Fruit	14 <u>BREAKFAST</u> Fruit-Filled Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Beef BBQ Rib B. Hot Dog C. P.B. & Jelly French Fries Fresh Vegetable Choice Oranges	15 <u>BREAKFAST</u> French Toast Sticks Fresh Fruit or Juice Milk <u>LUNCH</u> A. Ham & Cheese Stromboli B. Hot Dog C. P.B. & Jelly Romaine Salad Grape Tomatoes Garbanzo Beans Pears Peaches	16 <u>BREAKFAST</u> Graham Crackers Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> Turkey Dinner Filling-Corn Sw. Potatoes Dinner Roll Cranberry Sauce Ice Cream	17 <u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pizza B. Hot Dog C. P.B. & Jelly Summer Blend Vegetables Fresh Veggie Choice Apple Pineapples
20 <u>BREAKFAST</u> Fruit Turn Over Fresh Fruit & Juice Milk <u>LUNCH</u> A. Chicken Strips B. Beef Chili C. P.B. & Jelly Buttered Pasta Winter Blend Vegetables Peaches Mixed Fruit	21 <u>BREAKFAST</u> Chocolate Chip Waffle Fresh Fruit or Juice Milk <u>LUNCH</u> A. Hot Ham & Cheese B. Beef Chili C. P.B. & Jelly Potato Tots Celery & Carrots w/Dip Banana Juice Cup	22 <u>BREAKFAST</u> Whole Grain Cereal Mini Muffin Fresh Fruit or Juice Milk <u>LUNCH</u> A. Beef Ravioli w/Muffin B. Beef Chili C. P.B. & Jelly Cucumbers String Cheese Romaine Salad Mandarin Oranges Pears	23 <u>BREAKFAST</u> HAPPY THANKSGIVING	24 <u>BREAKFAST</u> SCHOOL CLOSED

Breakfast..... \$1.10 LUNCH
 Breakfast (Reduced)... \$0.30
 Lunch (Reduced)..... \$0.40

Elementary..... \$2.35
 Middle School..... \$2.45
 High School..... \$2.65

*MENUS SUBJECT TO CHANGE AS REQUIRED.
 Choice of fresh fruits, salads and vegetables daily
 Choice of 1%, chocolate and skim milk available daily