SCHUYLKILL HAVEN AREA SCHOOL DISTRICT
BREAKFAST & LUNCH MENU
Nov-17

Monday	Tuesday	Wednesday	Thursday	Friday
30 BREAKFAST Fruit Mini-Muffin Whole Grain Cereal Fresh Fruit or Juice Milk LUNCH A. Hot Dog B. Chicken Patties C. P.B. & Jelly Baked Beans Sauerkraut Mashed Potatoes Applesauce Orange	**31** BREAKFAST Egg & Cheese Omelet Fresh Fruit or Juice Milk LUNCH A. Chicken Nuggets B. Chicken Patties C. P.B. & Jelly Peas Buttered Pasta Strawberry Cup Apple	**1** BREAKFAST Bagel Yogurt Fresh Fruit or Juice Milk LUNCH A. Cheese Steak B. Chicken Patties C. P.B. & Jelly Corn French Fries Peaches Banana	**2** BREAKFAST Mini-Waffles Fresh Fruit or Juice Milk LUNCH A. Lasagna B. Chicken Patties C. P.B. & Jelly Tossed Salad Grape Tomatoes Fruit Sherbet Pears	**3** BREAKFAST Breakfast Grabbers Fresh Fruit Milk LUNCH A. Pizza Wedge B. Chicken Patties C. P.B. & Jelly Baby Carrots Summer Blend Vegetables Pineapples Grapes
6 BREAKFAST Cinni Mini Bun Fresh Fruit or Juice Milk LUNCH A. Corn Dog B. Pizza C. P.B. & Jelly Green Beans Mashed Potatoes Mixed Fruit Yogurt	**7** BREAKFAST Pancakes Fresh Fruit or Juice Milk LUNCH A. Pasta w/Meat Sauce B. Pizza C. P.B. & Jelly Garbanzo Beans Romaine Salad - Tomatoes Dinner Roll (HS) Pears Clementine	**8** BREAKFAST Pop Tart Whole Grain Cereal Fresh Fruit or Juice Milk LUNCH A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Peas Rice Cucumber Slices Pineapples Grapes	**9** BREAKFAST Nutri-Grain Bar Fresh Fruit or Juice Milk LUNCH A. Pork BBQ B. Pizza C. P.B. & Jelly BBQ Sauce Sun Chips Baby Carrots Mandarin Oranges Peaches	**10** BREAKFAST Breakfast Grabbers Fresh Fruit Milk LUNCH A. Toasted Cheese B. Pizza C. P.B. & Jelly Celery w/Dip Tomato Soup Banana Applesauce
13 BREAKFAST Oatmeal Bar Yogurt Fresh Fruit or Juice Milk LUNCH A. Cheese Burger B. Hot Dog C. P.B. & Jelly Lettuce Tomato Cup Potato Fries Apple Slices Mixed Fruit	**14** BREAKFAST Fruit-Filled Pancakes Fresh Fruit or Juice Milk LUNCH A. Beef BBQ Rib B. Hot Dog C. P.B. & Jelly French Fries Fresh Vegetable Choice Oranges	**15** BREAKFAST French Toast Sticks Fresh Fruit or Juice Milk LUNCH A. Ham & Cheese Stromboli B. Hot Dog C. P.B. & Jelly Romaine Salad Grape Tomatoes Garbanzo Beans Pears Peaches	**16** BREAKFAST Graham Crackers Yogurt Fresh Fruit or Juice Milk LUNCH Turkey Dinner Filling-Corn Sw. Potatoes Dinner Roll Cranberry Sauce Ice Cream	**17** BREAKFAST Breakfast Grabbers Fresh Fruit Milk LUNCH A. Pizza B. Hot Dog C. P.B. & Jelly Summer Blend Vegetables Fresh Veggie Choice Apple Pineapples
20 BREAKFAST Fruit Turn Over Fresh Fruit & Juice Milk LUNCH A. Chicken Strips B. Beef Chili C. P.B.& Jelly Buttered Pasta Winter Blend Vegetables Peaches Mixed Fruit	**21** BREAKFAST Chocolate Chip Waffle Fresh Fruit or Juice Milk LUNCH A. Hot Ham & Cheese B. Beef Chili C. P.B.& Jelly Potato Tots Celery & Carrots w/Dip Banana Juice Cup	**22** BREAKFAST Whole Grain Cereal Mini Muffin Fresh Fruit or Juice Milk LUNCH A. Beef Ravioli w/Muffin B. Beef Chili C. P.B. & Jelly Cucumbers String Cheese Romaine Salad Mandarin Oranges Pears	**23** BREAKFAST HAPPY THANKSGIVING	**24** BREAKFAST SCHOOL CLOSED

Breakfast…….. $1.10
Breakfast (Reduced)… $0.30
Lunch (Reduced)…….. $0.40

LUNCH
Elementary……. $2.35
Middle School….. $2.45
High School…….. $2.65

*MENUS SUBJECT TO CHANGE AS REQUIRED.
Choice of fresh fruits, salads and vegetables daily
Choice of 1%, chocolate and skim milk available daily